Power Up Nation, Inc.
Pat Council
https://www.designingyourlifetoday.com

Have a problem or facing a challenge?
Think it through

## Spark Solutions with Questions



## Power Up Nation, Inc

## You can find the answers

When it comes to achieving personal and business goals, know that you have what it takes. Sometimes, there will be obstacles that pop up. Here are some questions to help you put your attention on providing solutions, so you can win!

If you need additional help, simple email me with your challenge and let's talk.

email: patcouncil@patcouncil.com



Pat Council Goal Achievement Strategist

Here are some questions to help you come up with solutions

Why is this obstacle happening?
What outcome would I like to see?
What part of this is under my control?
What part is not under my control?

More questions...

What type of help do I need?
Who can help in this situation?
Why am I allowing this obstacle to keep me stuck?
What do I need to learn?

personal questions to ask yourself

What role did I play in creating the obstacle? What role am I playing in overcoming obstacles? Is there a lesson in this for me? What it is? Are my feelings about this obstacle objective?

## Do Life with Power!

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