

Money Assessment Test

1. Do you ever have enough money?
2. Do you have enough time?
3. Do you hoard money to feel secure?
4. Must you reserve your support of others in order to feel safe?
5. Do you waste your money?
6. Do you fritter away your time?
7. Do you know exactly how much money is in your checking account right now?
8. Do you know exactly how much money you spend each month?
9. Do you know what you really want to do with your life?
10. Do you plan how you are going to use your money each month?
11. Do you pay attention to what you spend your money on each month?
12. Are you aware of your attitude toward money?
13. Do you believe that having lots of money makes you less spiritual?
14. Do you believe that you are making life harder than it has to be?
15. Would an income increase solve most of the challenges in your life?

Answer Key: A score of 16 or more indicates that some internal work needs to be done in the life and money department.

Important Read: This assessment test is designed to help you become aware of areas in your life that may need your attention. They are not meant to professionally diagnose any serious mental, physical, or emotional health issues. If you feel you have severe problems in any of these areas consult a licensed physician, psychologist, or therapist